

# ACHIEVE

## Activities for the Week of 7/14-7/16

If you have any questions, please contact the lead teacher for the week:

Mrs. Holland: [aholland@pgasd.com](mailto:aholland@pgasd.com)

OR text @achievepga to 81010 to talk to the lead teacher and get Achieve text messages through Remind.

[Click here for full directions on how to sign up for Remind!](#)

Please note that all Achieve activities are optional and do not need to be turned in!

### Tuesday

#### Activity #1: Oregon Trail

**Instructor: Mrs. Medeiros**

**Goal:** Students will learn the travels of pioneers moving to the west.

Students will make a covered wagon craft to represent the wagons used during pioneer times.

Students will make yarn dolls like children made during pioneer times.

#### **Materials:**

empty cake mix box

white computer paper

two wood skewers

Craft Sticks

Yarn

#### **Directions:**

1. Listen to the story- [Journey of a Pioneer](#)
2. [Click here to see the covered wagon craft](#)
3. [Click here to see the yarn dolls](#)
4. Covered wagon project: First cut off the front of the cake mix box and set the piece of cardboard aside. Glue the craft sticks to the cake box to make the base of the wagon. Using a small cup, cut 4 circles on the leftover cardboard from the cake mix box. I cut these out and stuck them on each end of two skewers to make our wheels for the wagon. Then glue a piece

of white computer paper on both sides of the wagon box. Now you have your very own Covered Wagon!

5. Yarn Dolls Project: Use the link above to help with the project. The link provides pictures. If you have cardboard this will make the first step easier. You need to cut a bunch of strings of yarn that are the same size. Using the cardboard, simply wrap your yarn around and around until you've got the amount you want. Cut the yarn at one end. This will need the cardboard. To make the head we twisted, then turned our twist inward to make the bulge. Once you have the bulge of the head, you want to tie it off with a spare string. Tie tightly, and keep all your knots on the backside (choose a back)
6. If you're making a boy, you'll want to separate the yarn in the general direction that each of the strands will be going. Two arms at the side, and two legs below. Legs need to be thicker. Begin to tie off the arms. We did two ties along the arms, and then trimmed the ends so that it looked a bit neater. Tie a waist, and legs. We did two ties down the, one for the knee area, and the other for the ankle area.
7. Just like with the boy, you'll want to separate two arms, and a skirt below. For the girl however, you want to bring back your arms and tie them at the waist. Tie the arms at the shoulders, to form a Poofy sort of sleeve. Make sure your ties are on the backside of the doll. Tidy up your stray strands, and decide if your girl is wearing pants or a skirt. (If pants copy the boy pattern on the left....If skirt see below) Trim up the ends of all your strands. For the boy make sure the hands and feet are even. For the girl, snip the ends of her skirt so that it's all the same length. Have fun playing with your Yarn Dolls. Perhaps even put Ma and Pa in your homemade covered wagons!

## **Activity # 2: Learn and Create a Fossil**

**Instructor: Mrs. VanTries**

**Goal:** Students will learn about dinosaurs and create their own fossil.

### ***Materials:***

1 cup flour

1/2 cup salt

\*1 cup water

\*1 tbsp oil

\*2 tsp cream of tartar

Small shell

1 pipe cleaner

Scissors

***\* not included in bag***

### **Directions:**

1. Watch this video: [Fossils and Dinosaurs](#)
2. How to make dinosaur fossils: Adult supervision required
3. Create a Fossil
  - Mix all ingredients in a pot and stir over medium heat.
  - Mixture will be soupy with lumps. Suddenly it will form into a ball.
  - Remove from heat, and knead on a non-stick surface.
  - Cool until can work with hands
  - Make a rock or plaque shape from the clay or use the dough recipe.
  - Create a smooth surface on the top side of your rock. (use water or just flatten the top on a counter or plate).
  - Make imprints with different objects. Try leaves, coins, \*shells, or even a small toy. Make a foot that you can use to leave footprints. (A pipe cleaner was used to make the fossil pictured on this page.
  - When it dries, rub on a bit shoe polish and acrylic sealer to make it last for months and months. Bury them in sand or dirt and have a expedition to dig up fossils like a paleontologist.
  - Useful for many types of projects.
  - Store in fridge, or allow creations to air dry.

## Wednesday:

### **Activity #1: Pioneer Days**

**Instructor: Mrs. Medeiros**

**Goal:** Students will learn about pioneer days.

Students will create games that pioneer children made in the past.

**Materials:**

#### **Directions:**

1. Listen to the story about a pioneer girl's day: [Sarah Morton's Day](#)
2. Listen to the story about a pioneer boy's day: [Samuel Eaton's Day](#)
3. Click on the blue words to show you picture directions on How to make a button Whirling game" [Button Whirling](#)
4. Click on the blue words to get to the pilgrim weaving activity. [Pilgrim Weaving Activity](#)

### **Activity #2: Create a Pioneer Craft**

**Instructor: Mrs. Van Tries**

**Goal:** Students will create a patriotic picture with tin and play pioneer games.

**Materials:**

8x11 Aluminium baking sheet

1 Nail

1 rock the size of your palm

Stencil paper 8x11 (find an image you want to trace. Think 4th of July or draw an Image on a piece of 8x11 paper)

Examples: These images should be big enough to cover inside of tin sheet

- USA
- HAPPY 4th of JULY
- FREEDOM with a heart
- American Flag

Ruler

Cutting board

**Directions:**

[Pioneer Days Tin Punch Craft](#)

1. In pioneer days, tin punching was used to make patterned lantern shades, foot warmers or ventilating screens for food storage cabinetry such as pie safes. The students used large stones and nails with stencils to make pictures or messages on sheets of tin.
2. Gather your image or traced stencil
3. Mark a dot every  $\frac{1}{2}$  along the border of your image (use a ruler)
4. Tape image onto tin
5. Place tin and image on cutting board
6. Take your rock and nail and punch a whole through the dots and through the tin
7. Please tap lightly and have your parents supervise you with your craft
8. Next, try out some of these games! [Old Fashioned Pioneer Games](#)

## **Thursday**

### **Activity # 1: String of Stars**

**Instructor: Mrs. Van Tries**

**Goal:** Students will create a string of patriotic stars to celebrate the Fourth of July.

**Materials:**

Foam paper (red, white and blue)

Scissors

String or yarn (red, white or blue)

A stapler, tape, or glue

Star template to trace or a large triangle ( pennant shape)

Sequins red, clear, blue

**Directions:**

1. Watch this video about the history of the Fourth of July: [The story of July 4th](#)
2. Create a banner: [Making a String of Stars for Fourth of July](#)
  - Make one large star cardboard templates for the kids to trace
  - Trace 2 red, 2 white, 2 blue
  - After stars are trace
  - Cut them out and decorate it if you like.
  - Fold over one tip of the star and staple, tape, or glue the star to a length of string.
  - Leave some extra string at the edges for hanging.
  - Now you can decorate any area with a patriotic flair!

**Activity #2: Independence Day**

**Instructor: Mrs. Medeiros**

**Goal:** Students will learn about our Independence Day, July 4th.

Students will complete a flag painting in celebration of July 4th.

**Materials:**

white paper

red paint

blue paint

paintbrushes

**Directions:**

1. Listen to the following Youtube Video: [Independence Day Video](#)
2. Listen to the following video showing you how to paint an American Flag and fireworks.
  - a. [Flag Painting](#)
  - b. [Fireworks painting](#)
3. Get your washable paints and white paper.
4. Draw a flag and fireworks according to the videos watched above.

**Links to this week's videos:**

**Tuesday**

**Activity #1**

## **Activity #2**

- [Fossils and Dinosaurs](#)

## **Wednesday**

### **Activity #1**

- 

### **Activity #2**

- 

## **Thursday**

### **Activity #1**

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### **Activity #2**

- [The story of July 4th](#)

# **Links to this week's resources:**

## **Tuesday**

### **Activity #1**

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### **Activity #2**

- [Create a Fossil](#)

## **Wednesday**

### **Activity #1**

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### **Activity #2**

- [Pioneer Days Tin Punch Craft](#)
- [Old Fashioned Pioneer Games](#)

## **Thursday**

### **Activity #1**

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### **Activity #2**

- [Making a String of Stars for Fourth of July](#)